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Bureau of Special Education FY'08 Memo #44

DATE: May 20, 2008

TO: Superintendents of Schools  
Special Education Directors

FROM: Office of the Commissioner of Education

Division of Instruction  
Bureau of Special Education

RE: **Extended School Year Services (ESY)\* (Update)**

The New Hampshire Department of Education, Bureau of Special Education, would like to reissue the Extended School Year Services (ESY) (FY'08 Memo #4) with the following clarifications. We have provided the reference for the U.S. Code for IDEA in the body of the memo. In addition, on the last page under ***Extended School Year Services*** we have clarified that extended school year services include an extension of specific special education and/or related services beyond the regular school day in addition to the school year.

The Individuals with Disabilities Education Improvement Act of 2004 (IDEA) (20 U.S.C. 1400 et seq.) provides that all students with disabilities are entitled to a free appropriate public education (FAPE). To have meaningful access to public education, students with disabilities may require services or types of educational programs that are different from those needed by other students since each student with a disability has unique learning needs. With this in mind, FAPE, for some students with disabilities, may require a program of special education and related services in excess of the normal school year.

In general, extended school year (ESY) refers to special education and/or related services provided beyond the normal school year of a public agency for the purpose of providing FAPE to a student with a disability. These services, at no cost to the parent, will vary in type, intensity, location, inclusion of related services, and length of time depending on the individual needs of the student. They are distinct from enrichment programs, summer school programs, and compensatory services and are not simply an extension of time. ESY services are not so much a regression and recoupment issue as they are an issue of FAPE. Unrecouped regression, over time,

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may be evidence that FAPE is not being provided. In other words, it is not the case that a student is entitled to ESY services, but that the student will not receive FAPE if ESY services are not provided. As such, consideration of ESY services is a part of the individualized education program (IEP) process.

The IEP must address the provision of ESY services, if required, in order for the student to receive FAPE. ESY is not a separate planning process since it is part of the IEP process. Thus, an IEP meeting must be held to consider if a student needs ESY services and must be conducted like any other IEP meeting with appropriate prior notice. If seen as separate, it may lead to the segmentation of services for the student and further lead to situations where these services are considered or open to discussion for some students, but not for all. Therefore, a separate IEP should not be developed for ESY services; the current or an amended IEP should be used. In addition, the IEP, in accordance with the *New Hampshire Rules for the Education of Students with Disabilities*, must have a statement of the projected dates for initiation of services and the anticipated duration of the services. Thus, any IEP that complies with this requirement already has a built in mechanism to address whether services will last for ten months, twelve months, or any other period of time.

Factors to be considered when determining the need for ESY services include regression/recoupment, degrees of progress, emerging skills/breakthrough opportunities, interfering behaviors, the nature and/or severity of the disability, and other factors.

Because ESY services are uniquely designed to provide FAPE to students with disabilities, it is necessary to emphasize that these services are:

§ **Not** based on the category of student's disability - services must be based on the student's unique educational needs;

§ **Not** mandated twelve-month services for all students with disabilities;

§ **Not** a child care service;

§ **Not** necessarily a continuation of the total IEP provided to a student with a disability during the regular school year;

§ **Not** required to be provided all day, every day, or each day;

§ **Not** an automatic program provision from year to year;

§ **Not** summer school per se, compensatory services, or enrichment programs;

§ **Not** required to be provided in a traditional classroom setting; and

§ **Not** a service to be provided to maximize each student's potential.

### **Determining the Need for ESY Services**

Determining the need for ESY services must be presented in the context of the IEP process and completed at an IEP meeting. The IEP team should consider the need for these services at least annually. Additionally, the team must consider the need for services if so requested by a parent. The request to consider ESY services may be initiated by the parent, the student, the student's teacher(s), related service providers, or administrators. The consideration for ESY services should be an integral part of any IEP meeting, including the initial IEP meeting.

### ***Procedures***

Any procedures used by a local school district to assist the IEP team in determining the need for ESY services:

§ must prohibit the postponement of the decision by the IEP team regarding ESY services until after the summer in order to gather data or to determine what would happen if the services were not provided;

§ should allow the decision by the IEP team regarding ESY services to be made early enough to ensure that the parents can meaningfully exercise their due process rights if they wish to challenge an ESY decision;

§ must ensure that the individual needs of the student are addressed and that the nature of the services provided will vary based upon those needs;

§ must not pre-limit the ESY services to a set number of days, hours of service, nor restrict the provision of ESY services for administrative convenience;

§ must not allow the availability of ESY services to be limited by the financial resources of the school district;

§ must not allow the denial of ESY services to those students who need the services in order to receive FAPE; and

§ must not limit ESY services to predetermined disability categories nor categorically exclude certain students with disabilities.

### ***Factors to Be Considered by the IEP Team***

When determining the need for ESY services by the IEP team, decisions should always occur retrospectively or prospectively based upon the unique needs of the student. Decisions are made to ensure that the student is provided FAPE. Thus, the decision is based upon data and discussions by the IEP team and not by any predetermined formula. Factors that the IEP team should consider in making its decision are listed below. Any of these factors, alone or in combination, can trigger the need for ESY services.

§ ***Regression/Recoupment*** - The IEP team determines whether without these services, there is a likelihood of substantial regression of critical life skills caused by a school break and a failure to recover those lost skills in a reasonable time following the school break (e.g., six to eight weeks after summer break). [*The IEP team may decide that regression is a key factor, alone or in*

*concert with other factors, in determining eligibility for ESY services. However, it is important to note that the IEP team is not required to demonstrate previous regression, before ESY services are provided.]*

**§ Degree of Progress** - The IEP team reviews the student's progress toward the IEP's goals on critical life skills and determines whether, without these services, the student's degree or rate of progress toward those goals, objectives or benchmarks will prevent the student from receiving benefit for his/her educational placement during the regular school year.

**§ Emerging Skills/ Breakthrough Opportunities** - The IEP team reviews all IEP goals targeting critical life skills to determine whether any of these skills are at a breakthrough point. When critical life skills are at this point, the IEP team needs to determine whether the interruption in services and instruction on those goals, objectives or benchmarks by the school break is likely to prevent the student from receiving benefit from his/her educational program during the regular school year without these services.

**§ Interfering Behaviors** - The IEP team determines whether without ESY services any interfering behavior(s) such as ritualistic, aggressive or self-injurious behavior(s) targeted by IEP goals have prevented the student from receiving benefit from his/her educational program during the school year. The team also determines whether the interruption of programming which addresses the interfering behavior(s) is likely to prevent the student from receiving benefit from his/her educational programming during the next school year.

**§ Nature and/or Severity of the Disability** - The IEP team determines whether, without ESY services, the nature and/or severity of the student's disability is likely to prevent the student from receiving benefit from his/her educational program during the regular school year.

**§ Special Circumstances or Other Factors** - The IEP team determines whether, without ESY services, there are any special circumstances that will prevent the student from receiving benefit from his/her education program during the regular school year. Other factors might include:

- ability of the child to interact with children without disabilities; and
- areas of the child's curriculum which need continuous attention.

In looking at the factor of regression and recoupment, the following discussion questions may help the IEP team:

§ Does the student need extensive review to demonstrate previously learned skills?

§ What inconsistencies does the student demonstrate in mastered or partially acquired skills?

§ Has the student reached a critical point of instruction or behavior management where a break in programming would have serious, detrimental effects?

§ Does the student demonstrate behaviors or deficits that would cause regression if breaks in programming occur?

§ Is there a degenerative medical condition that might cause regression?

§ Will a break in programming jeopardize the student's placement in the LRE?

If no empirical data are available on regression, then the need may be shown by expert opinion or prospective criteria established by the IEP team. This decision should be based upon an examination that includes, but is not limited to the following:

§ review of the current IEP goals, objectives or benchmarks;

§ observation and data from teachers, therapists, parents, and others having direct contact with the student before and during breaks in educational programming;

§ data and observations regarding the student's performance after long weekends, vacations, and past summer breaks;

§ assessment of information maintained on the student, including pretest and post-test data; and

§ curriculum-based assessment, including pretest and post-test data; and other relevant factors.

The IEP team must also review and consider the need for any related services including transportation. If related services are necessary for the student to benefit from the special education services provided during the ESY, then they must be provided. If a student needs only related services as the ESY, then they should be provided. When the IEP team is determining whether a student needs ESY services, they may use the following types of information:

§ historical data;

§ review of current and previous IEPs;

§ documented regression and recoupment time;

§ documented clinical evidence;

§ classroom observation;

§ progress notes;

- § standardized tests;
- § samples of the student's work;
- § behavior logs;
- § parent interviews;
- § attendance information;
- § other objective evidence; and
- § expert opinions.

### ***What the Services Can Look Like***

The requirement regarding placement in the least restrictive environment (LRE) during the normal school year applies to ESY services. The services should be based upon the IEP. There may be instances where a summer placement might further isolate the student. If this is the case, the IEP team should consider whether an alternative is more appropriate for the student. How services will be delivered is determined by the IEP team and flexibility in the delivery of services can be considered if it fulfills the needs of the student.

*As during the regular school year, ESY services must be provided by qualified personnel.*

### **The Process - The IEP Meeting**

At an IEP meeting, at least annually, there should be a determination if a student with a disability needs ESY services in order to receive FAPE. The IEP team should consider all factors in its discussion. All decisions and the basis for the decisions should be documented and communicated to the parent and student if appropriate.

**The question for the IEP team is: "Does the student need ESY services in order to receive FAPE"?**

#### **IF YES:**

§ Identify the specific goals(s), objectives or benchmarks from the current IEP that require services since all goals may not be affected;

§ Determine the type(s), amount(s) and duration of the special education and/or related services required based upon the goals(s) identified (the amount, type and duration may differ for each identified service if more than one service is required). Address any needed related services which also might include transportation. Decisions regarding services must be based upon the student's need and not on existing programs;

§ Determine the LRE in which the specific goal(s) will be addressed;

§ Determine participation with peers without disabilities; and

§ Determine the person(s) responsible for providing services (i.e., special education teacher, speech/language pathologist, physical therapist, etc.).

**IF NO:**

§ Provide the parents with written notice as required in state and federal regulations.

Some parents may decide not to have their child participate in ESY services. School personnel should document this parental request and have the parent sign it.

**Definitions Associated with Extended School Year Services**

**Critical Life Skills:** A critical life skill includes any skill determined by the IEP team to be critical to the student's overall educational progress, including social and behavior skills.

**Degree of Progress:** The IEP team must review the expected degree of progress on any IEP goals and objectives targeting critical life skills, and determine whether, without ESY services, the student's degree of progress on those IEP goals and objectives is likely to prevent the student from receiving some educational benefit from his/her educational program during the regular school year.

**Emerging Skills/Breakthrough Opportunities:** The IEP team determines whether any IEP goals and objectives targeting critical life skills are at a breakthrough point. At this point, the IEP team determines whether the interruption of instruction on the critical life skills caused by the school break is likely to prevent the student from receiving some educational benefit from his/her educational program during the regular school year without ESY services.

**Extended School Year Services:**

ESY services mean an individualized extension of specific special education and/or related services beyond the regular school day/year provided in order for the student to receive FAPE in accordance with his/her IEP.

**Interfering Behaviors:** The IEP team determines whether any interfering behaviors, such as stereotypic, ritualistic, aggressive, or self-injurious behavior(s), targeted by the IEP's goals and objectives would have prevented the student from receiving some benefit from his or her educational program during the regular school year. The IEP team also determines whether the interruption of programming for this (these) interfering behavior(s) is (are) likely to prevent the student from receiving some benefit from his or her educational program without ESY services.

**Regression/Recoupment:** The IEP team determines whether, without ESY services, there is a likelihood of substantial regression of critical life skills caused by the school break that would result in the failure to recover those lost skills in a reasonable time following the school break.

***Regression:*** Regression, for the purpose of this document, is a substantial loss of any critical life skill. Some degree of loss in skills typically occurs with all students during normal school breaks and is generally not considered to be substantial.

***Recoupment (Recovery):*** Recoupment is the ability to recover a loss of skills in a reasonable time following a normal school break. Most students without disabilities recoup skills within a few days or weeks. Recoupment rates vary among individuals based upon individual learning styles. Accordingly, some students with disabilities may require more than a few days or weeks to recover skills and prior skill levels.

In contrast to ESY services, *Summer school programs* are optional and voluntary programs that provide enrichment, remedial and reinforcement activities, or address new skills. Summer school is not required for the provision of FAPE. ESY services could be provided in combination with existing summer school programs if such programs are available and are appropriate for the individual student.

If you would like further clarification regarding ESY services for students with disabilities and/or you have other questions, please contact the Bureau of Special Education, NHDOE at: 603-271-3741 or [braymond@ed.state.nh.us](mailto:braymond@ed.state.nh.us).

This document is also available in alternative format upon request.